



AN ACTIVE APPROACH TO DREAMS A WORKSHOP

SATURDAY, MAY 7, 2011: 10-4pm
ERICA LORENTZ, MEd, LPC, JUNGIAN ANALYST

Dreams are our inner teaching stories. They are personal and sacred and guide us to what is unconscious in our psyche that needs to be heard and integrated. Each dream is perfect and only needs our conscious devotion to decipher its message. In this workshop, we will hear a brief history of dreams from cultural perspectives. Then, we will use writing, drawing, and movement to explore a dialogue with our dream symbols helping us to transform who we think into our true nature. Finally, we will respectfully learn how facilitate each person's process and make sure that his/her unique story is honored and not interpreted or projected onto by others. No prior experience is necessary just an openness to attend to our inner world.

Erica Lorentz, MEd, LPC, Jungian Analyst has 30 years of clinical experience and practices in Brattleboro, VT. In the 1980's she was an adjunct faculty member at Antioch New England, and is presently a training analyst with the New England society of Jungian Analysts and the Inter-Regional Society of Jungian Analysts. She has lectured and taught workshops in the US and Canada since the 1980's.

COST : \$80 5 CEUs pending approval from NASW/VT
FOR INFORMATION AND REGISTRATION: 802-254-3285

